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## Pumpkin jam

### MARMALADES AND JAMS

**Preparation time:** 30 minutes

**Cooking time:** 15 to 25 minutes

**Yield:** Four 250 ml jars

Ingredients	Amount		Method
	Metric	Imperial	
Sugar	250 ml	1 cup	Bring sugar and water to a boil to make a syrup.
Water	330 ml	1 1/3 cups	
Orange zest	15 ml	1 Tbsp.	Add orange zest and cloves.
Whole cloves	2	2	
Peeled and seeded pumpkin, finely diced	1 l	4 cups	Add diced pumpkin and boil until soft. Ladle into sterilized jars and seal.

