

Pumpkin muffins

BREADS AND DESSERTS

Preparation time: 15 minutes

Baking time: 20 to 25 minutes

Yield: 12 large muffins

Ingredients	Amount		Method
	Metric	Imperial	
All-purpose flour	375 ml	1 1/2 cups	Preheat oven to 400°F (200°C) Mix together dry ingredients.
Whole-wheat flour	375 ml	1 1/2 cups	
Baking powder	30 ml	2 Tbsp.	
Cinnamon	5 ml	1 tsp.	
Nutmeg	2 ml	1/2 tsp.	
Allspice	2 ml	1/2 tsp.	
Salt	5 ml	1 tsp.	Add brown sugar and stir to combine.
Brown sugar	250 ml	1 cup	
Raisins	250 ml	1 cup	Add raisins.
Eggs	2	2	In a clean bowl, whisk eggs. Add milk, oil and puréed pumpkin.
Milk	375 ml	1 1/2 cups	
Vegetable oil	125 ml	1/2 cup	
Puréed pumpkin	250 ml	1 cup	
			Add dry ingredients and stir just until moistened. Divide batter evenly between well-oiled muffin tins and bake for approximately 25 minutes.